July 2015

Valley View

Windsor Gardens Healthcare Center of the Valley 13000 Victory Blvd. N. Hollywood, CA 9173



Celebrating July

Grilling Month

Family Reunion Month

Share a Sunset with Someone You Love Month

Canada Day
July 1

Tom Sawyer Days

July 2-5

Independence Day

July 4

Collector Car Appreciation Day July 10

Candlelight Dinner
July 16

Disneyland 60th Anniversary

July 17

Residents Birthday Party

July 23

National Cheesecake Day July 30



4th of July BBQ!
Join us on Friday 7/03 at
11:30am in the main patio for
our Annual 4th of July BBQ!
Yummy hot dogs &
hamburgers will be served.
Let's celebrate Independence
Day together! Hope to see you
there!



July 2015



Philippines Independence Day!
A special thank you to Shony &
Martin for helping make this
event so awesome for our
residents & staff!



Cooking Class

Martin Dietary Supervisor
making delicious churros for
our residents and staff.
Thank you for those sweet
churro treats!

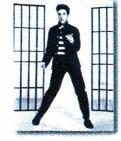
Puzzling Moments in History

There is something puzzling about July 13. On this day in 1944, Erno Rubik, the inventor of the Rubik's Cube, was born in Hungary. Perhaps this is why July 13 is celebrated as International Puzzle Day.

Rubik did not start out his career as a puzzle inventor. As an architect and professor of architecture, he handmade the first Rubik's Cube in 1974 to help teach his students about three-dimensional space. When his invention left Hungary in 1980 and was manufactured as a toy, it became a worldwide craze. More than five million cubes were sold the first year. More than 350 million have been sold since, making it perhaps the most popular toy ever invented. As for Rubik, his interests remain in educating students about engineering, science, and technology, and he has recently launched a worldwide tour promoting the field of science, technology, engineering, and math (known collectively as STEM).

The Gift of Song

On July 18, 1953, a young man named Elvis Presley walked into the Sun Record Co. studio in Memphis, Tennessee, to make his first record. The resulting acetate



disc, with just two songs—"My Happiness" and "That's When Your Heartaches Begin"—was supposed to be a gift from Elvis to his mother. Rumor has it, though, that the Presleys did not even own a record player. And besides, his mother's birthday had long passed. Many speculate that the recording was an attempt by Elvis to get the attention of Sun Record's owner Sam Phillips. Apparently, Elvis made an impression, because he was invited back to the studio a year later, on July 5, 1954. At first, the session was uninspiring. The band was about to give up when Elvis began fooling around, goofing off, and singing. That sound was exactly what Phillips was looking for. The King was horn



July BBQ's

We will be having our summer BBQ's every Thursday starting 7/9 through 7/30 at 11:30am in the main patio. Come and join us in the sun!



July Birthdays

In astrology, those born between July 1 and July 22 are the Crabs of Cancer. Crabs are emotional nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions. Those born between July 23 and July 31 are the Lion star sign Leo. Leos are dignified, strong, and powerful, making good leaders and honorable friends. They are also ambitious—reaching for the stars, working hard, and accomplishing their goals.

P.T. Barnum (circus showman) – July 5, 1810 Nancy Reagan (first lady) – July 6, 1921 Michelle Kwan (figure skater) – July 7, 1980 Milton Berle (comedian) – July 12, 1908 Harrison Ford (actor) – July 13, 1942 Phyllis Diller (comedienne) – July 17, 1917 Don Knotts (actor) – July 21,1924 Gracie Allen (comedienne) – July 26, 1895 Paul Anka (singer) – July 30, 1941 J.K. Rowling (writer) – July 31, 1965

Double Vision

While only one out of every 100 people experience this rare genetic trait, everyone is invited to celebrate Different Colored Eyes Day on July 12.



This genetic phenomenon is most common in cats, dogs, and horses. But humans, too, can experience heterochromia, or two different colored eyes. Our eye color develops shortly after birth due to the pigment melanin. More melanin means darker eyes. Less melanin means lighter eyes. It just so happens that sometimes two eyes develop differently. In fact, sometimes one eye can have two different colors, such as a blue iris with a brown ring around the pupil, or a completely brown eye with a splash of green in the corner. This may be another way that nature makes us each a unique work of art.

Searching for July

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



I	I	Q	I	M	0	D	N	L	\mathbf{Z}	W	X	0	H	C
L	A	R	K	S	P	U	R	E	D	I	Y	Y	N	X
C	L	V	\mathbf{Z}	H	Y	L	T	0	G	P	Н	A	M	R
Y	A	D	E	C	N	E	D	N	E	P	E	D	N	I
V	A	Q	S	H	R	Y	X	Y	K	V	В	A	R	Y
A	T	D	Y	U	Y	E	L	D	S	G	D	D	I	X
C	Q	A	E	L	N	Ι	M	E	T	R	L	A	0	Q
A	В	V	U	L	L	S	V	M	R	E	C	N	A	C
T	A	J	R	R	L	E	Н	V	U	H	E	A	K	Y
I	R	S	E	U	N	Ι	0	Ι	H	S	K	C	G	0
0	C	\mathbf{T}	\mathbf{T}	\mathbf{T}	В	U	T	В	N	L	I	0	N	H
N	A	A	H	Q	R	Y	F	S	J	E	P	H	J	E
W	Q	V	X	N	A	V	X	T	A	U	Y	H	Q	I
J	G	G	J	V	N	T	W	L	L	В	X	W	G	T
C	0	S	V	L	T	0	L	L	K	U	Ι	M	S	C

BASTILLE DAY
CANADA DAY
CANCER
CRAB (Cancer)
INDEPENDENCE DAY

JULY
LARKSPUR
LEO
LION (Leo)
RUBY

SEVENTH
SUMMER
SUNSHINE
VACATION
WATER LILY